

Overview

This workshop is designed to help executives achieve their goals with conviction and speed. The workshop design is such that it helps people gain greater clarity about what they want to achieve; whether they are personal goals or professional goals. We then help them identify hurdles or blocks in the path of achievement and resolve those issues. We facilitate a deep inward journey to identify their weaknesses and find ways to work on them and also know their strengths and multiply their benefits.

Objective

- Understanding the significance of clarity of goals and setting clear goals for self (personal/professional)
- Becoming aware of own strengths and also of areas for improvement
- Understanding the importance of self-esteem in the achievement of goals
- Using the power of emotions to propel oneself towards one's goals
- Linking purpose to people and processes for achievement

Commercials

- ₹ 15000/- per person per day plus GST (including accommodation, food, classroom and other facilities available on campus, and faculty support charges)
- 10 % discount to organisations nominating more than 10 persons



Duration: 3 days

Who should attend –

Senior and middle level executives who are leading teams

Reach Your Goal

Day	LEARNING FOCUS
Day 1	Defreezing <ul style="list-style-type: none">• Theme• Expectations Goal Setting <ul style="list-style-type: none">• Why goal-setting• What is goal setting• Setting broad goals Personal Effectiveness <ul style="list-style-type: none">• Tracking blockages to goal achievement
Day 2	Self Esteem and Assertiveness <ul style="list-style-type: none">• What is self-esteem and how it impact behaviour, including goal achievement• Assertiveness and goals Communication Skills (Goal-focused) <ul style="list-style-type: none">• Speaking• Listening• Assertive Communication Emotional Intelligence <ul style="list-style-type: none">• The competencies of EI• How emotions impact goal achievement• Relationship with seniors• Team orientation• The role of team in goal-achievement
Day 3	Getting Results (Execution) <ul style="list-style-type: none">• The three Ps of execution (Purpose, People, Processes)• Linking all three Ps• Behaviours required Creativity <ul style="list-style-type: none">• Doing things differently to achieve goals faster and better Action plan and valediction

Methodology

Designed on advanced learning principles, the programme accesses the participants' higher order thinking skills of application, evaluation and creation. It involves participants at a deeper level through the use of various methodologies like case studies, group discussions, psychometric instruments, experiential learning activities and videos.

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